Cell membranes

Principles of Cell transport and Cell signaling

Katarzyna Zaorska, PhD Department of Histology and Embryology



Plasma membrane

* biological structure that separates the inside of the cell from the outside

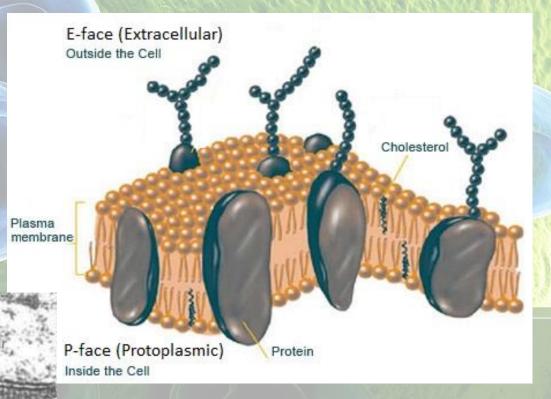
tercell

- * lipid bilayer, total thickness 6-10 nm
- * dynamic
- * semipermeable
- * primarily consists of:
- 1. phospholipids
- 2. cholesterol

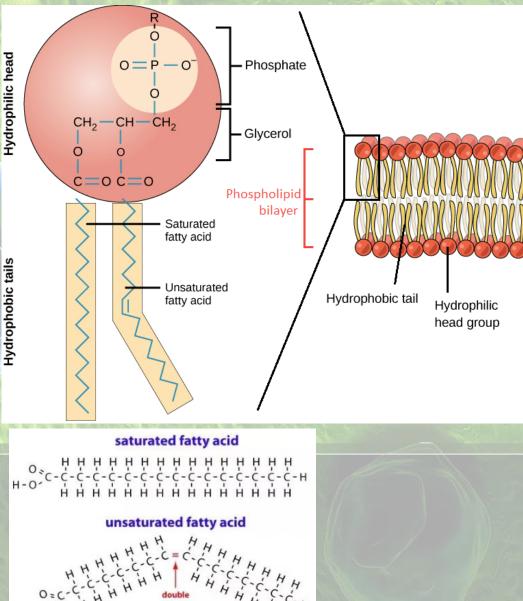
Cell membrane

Cell membrane

3. protein molecules



Phospholipids



HYDROPHILIC

= with affinity for water / polar

HYDROPHOBIC

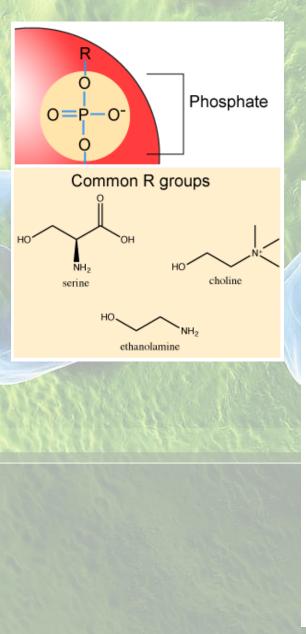
= no affinity for water / nonpolar

* the fatty acid chains of the lipid molecules face each other (inner portion of the membrane)
* the surfaces of the membrane are formed by the polar head

groups of the lipid molecules

Most membranes are **AMPHIPATHIC** (both polar and non-polar properties).

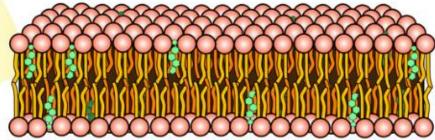
Phospholipids



H ₃ C-	CH ₃ N ⁺ -CH ₂ - CH ₃ Group		O P - O II O ate
	Hydi	Phosph Ogniic Head	H Q E
		Hydrophobic Tails	Ó
802			ď

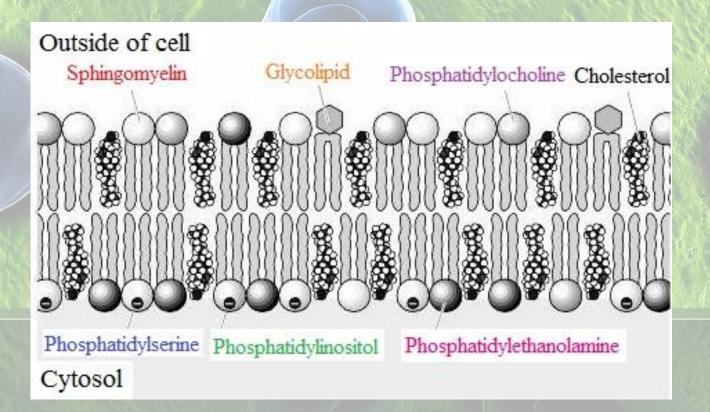
- CH ₂																	
нс-о-с 	1	H-C-H	H-C-H	1	1	H-C-H	1	H-C-H	H-C-H	1	1	1	H-C-H	1	1	H-C-H	1
H ₂ C-O-C Glycerol Backbone	H Fa	H	ċ	H	H	-ċ-	1	1		1			-0-	-C-	1		1

Bilayer Sheet



Plasma membrane

* asymmetrical distribution of specific phospholipids in the bilayer



Phospholipids

Phospholipids' movement:

Rotational movement

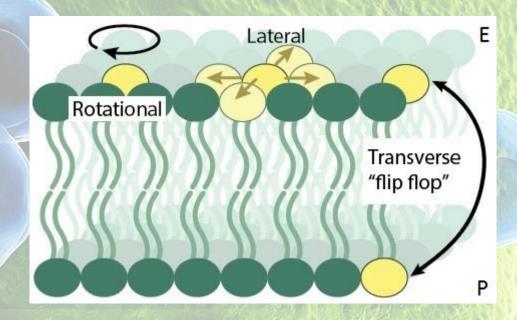
occurs ~ 10⁹/sec, phospholipids rotate on its axis to interact with its immediate neighbours

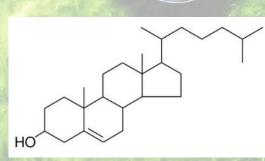
Lateral movement occurs ~10⁷ times/sec

Transverse diffusion = flip-flop

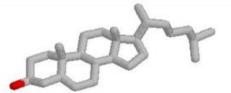
from one half of the bilayer to the other, catalyzed by: flippase (E->P), more often floppase [scramblase] (P->E),

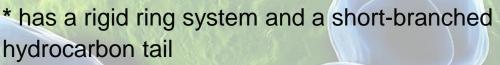
very slow and rare: once/month





Cholesterol

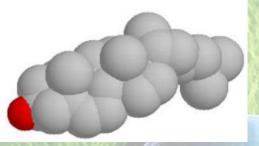


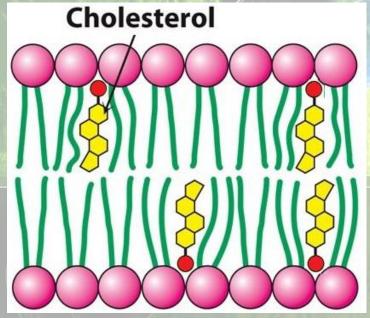


- * largely hydrophobic but one polar hydroxyl group makes it amphipathic
- * incorporated within the gaps between phospholipids
- equally on both sides of the membrane, with its hydroxyl group oriented towards the aquaeous phase

Plasma membrane with a high concentration of cholesterol have a fluidity intermediate between the

liquid crystalline and crystalline state.





Membrane fluidity

In the crystalline state (solid ordered) fatty acid tails are fully extended, packing is highly ordered, van der Waals intercations between adjacent chains are max.

In the liquid crystalline state (liquid disordered) chains of phospholipids are disordered and in constant motion.

Influenced by several factors: Saturation of fatty acids – more unsaturated C=C bonds increase fluidity – kinks prevent tight packing Lipid packing – lipids with shorter fatty acid tails are less stiff Temperature – lipids move around more with incresed T Cholesterol – decreseas fluidity at warmer T, increases at lower T

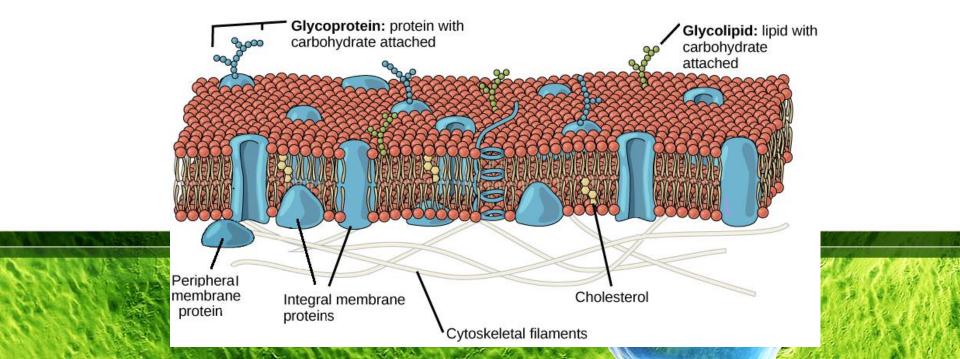
crystalline state "SOLID" chains ordered chains disordered chains disordered

Cholesterol: Taking care of membrane fluidity business

Membrane proteins

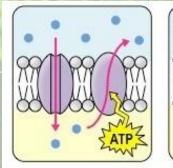
In most plasma membranes proteins constitute approximately half of the total membrane mass.

- 1. Integral membrane proteins embedded within the bilayer or pass through it completely, can move like an iceberg floating in the ocean
- 2. Peripheral membrane proteins not embedded, but associated with the plasma membrane by strong ionic interactions, on both the extra- and intra-cellular surfaces of the membrane
- 3. Peripheral, having a lipid anchor



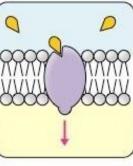
Functions of membrane proteins

- Pumps to transport certain ions and macromolecules (aa, sugars) actively across the membrane
 - Channels allow the passage of small ions and molecules across the plasma membrane in either direction through passive diffusion e.g. gap junctions
 - Receptor proteins allow recognition and localized binding of ligands
 - Linker proteins anchor the intercellular cytoskeleton to the extracellular matrix e.g. integrins in focal adhesions
 Enzymes e.g. ATP synthase at the inner mitochondrial membrane
 Structural proteins form junctions with neighbouring cells *e.g.* claudins and occludins in tight junctions / cell recognition

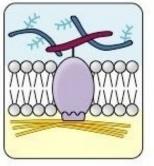


Transport

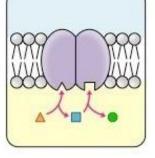
Active / Passive



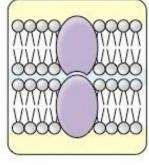
Signal Transduction



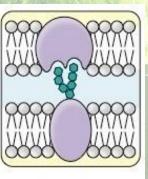
Anchorage / Attachment



Enzymatic Activity



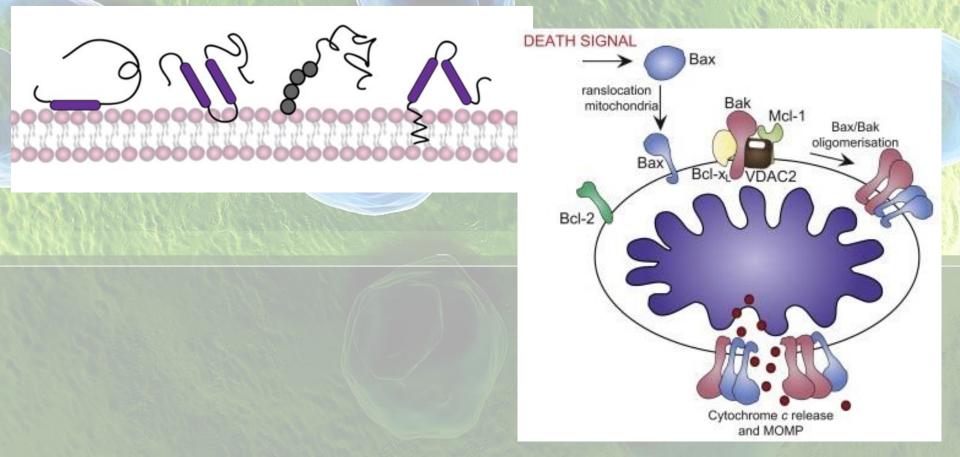
Intercellular Joinings



Cell-Cell Recognition

Peripheral membrane proteins (PMP)

* attached to integral membrane proteins or penetrate the peripheral regions of the lipid bilayer, water soluble *e.g.* Bcl-2 * attachment is **reversible**, some associate irreversibly and can form transmembrane channels during *e.g.* Bax



Integral membrane proteins (IMP)

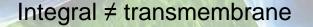
* have **intra**membrane domain(s) that extend into the core of the membrane, often span the whole bilayer

* the intramembrane domains have largely hydrophobic surfaces that interact with membrane lipids' tails

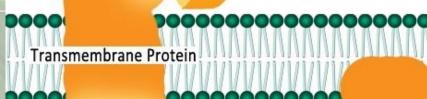
Integral Protein

* permanently attached to the membrane

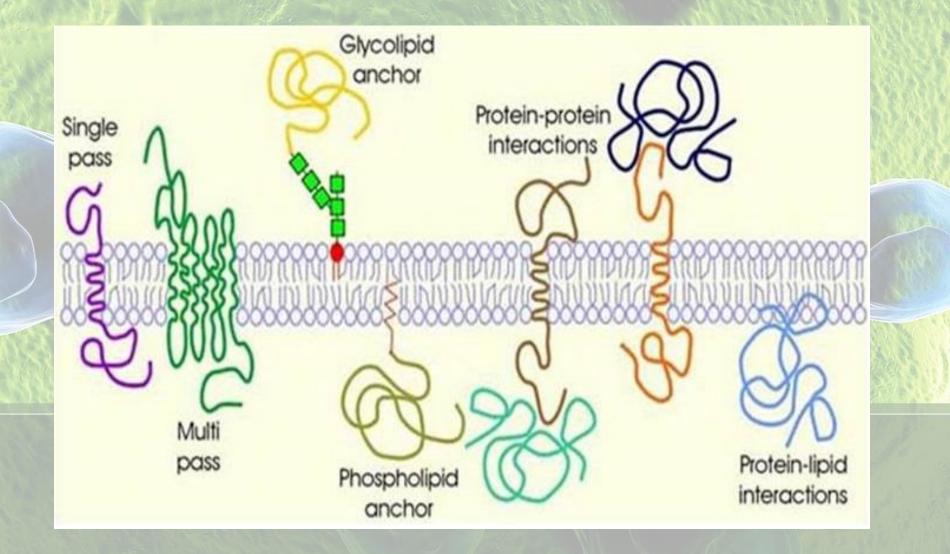
* have the same orientation relative to the membrane = flip-flop movement does not occur

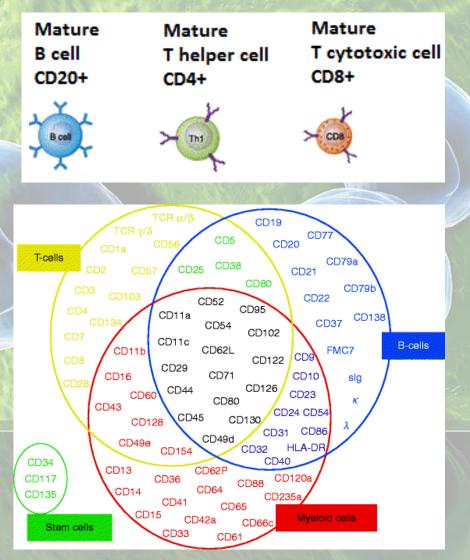


Peripheral Protein



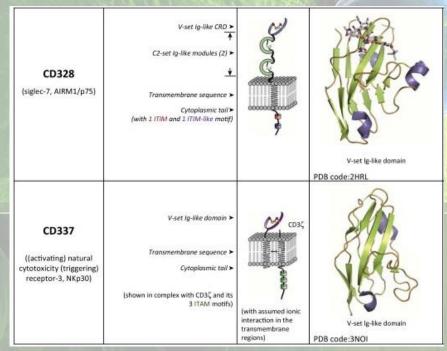
Peripheral Protein



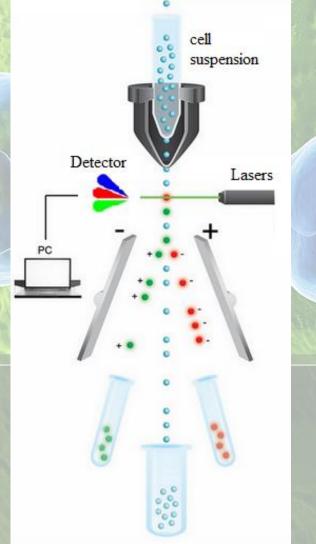


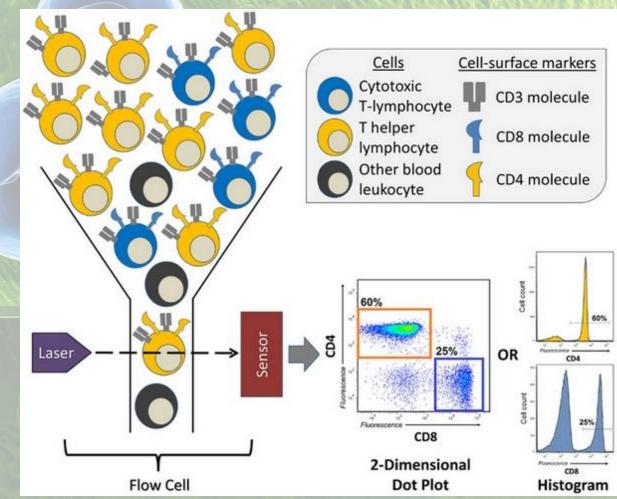
CD-molecules CD-antigens

cluster of differentiation/ classification determinant glycoprotein



High throughput flow cytometry





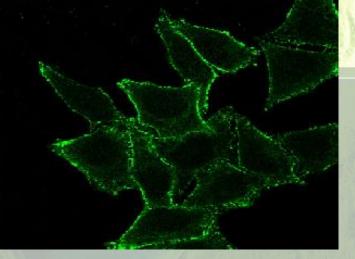
Immunochemistry

Immunofluorescent staining

Cytoplasmic vs. Membraine protein

E-cadherin



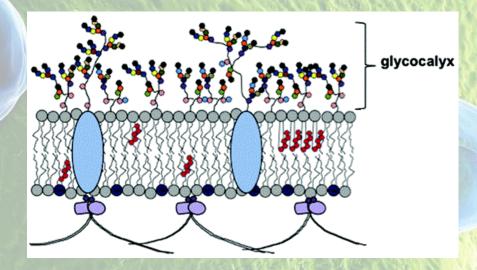


* carbohydrate moieties attached to both integral and peripheral membrane proteins: GLYCOPROTEINS and to polar phospholipid heads: GLYCOLIPIDS

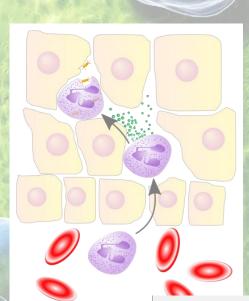
Function:

-cell protection

- cell recognition (e.g. inflammation)
 - cell-to-cell adhesion
 - receptor sites for hormones
 - defense against cancer
 - fertilization and embryonic precesses
 - helps establish extracellular microenvironment (cell-to-cell / cell-to-EXM adhesion)
 - red blood cells group antigens

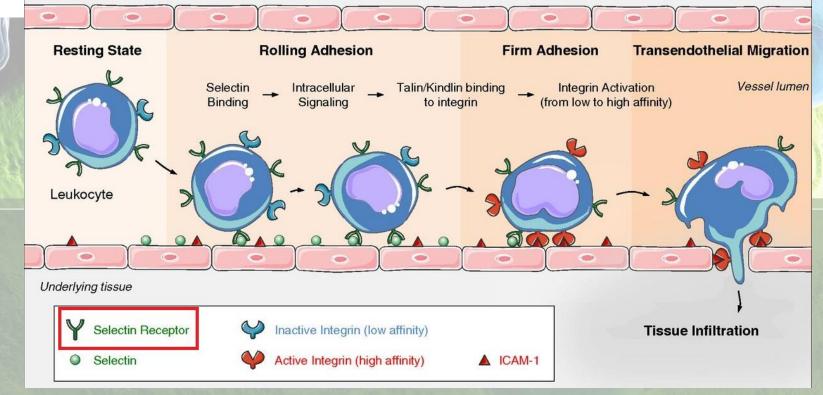




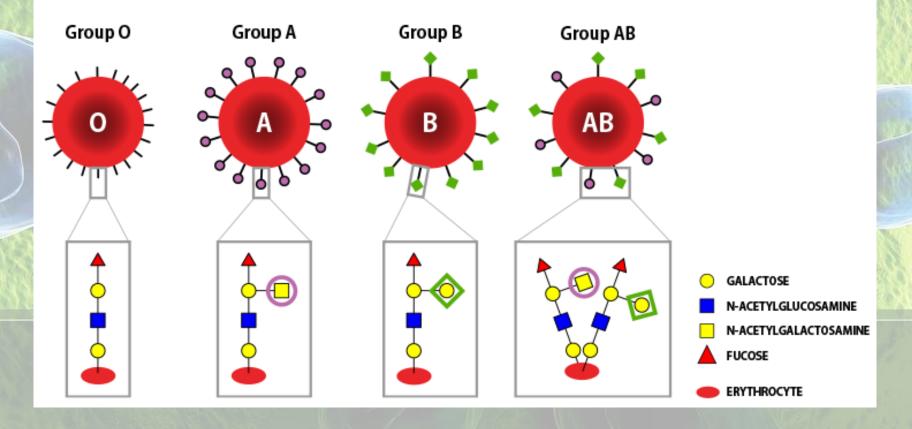


Leukocyte extravasation

Movement of leukocytes out of the circulatory system towards the site of infection/damage (inside the tissue).



Red blood cell types



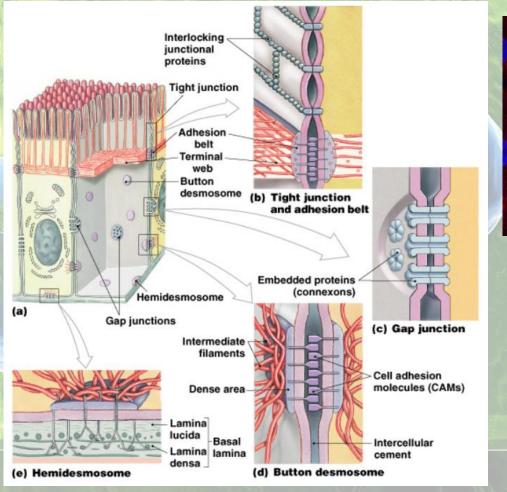


the apical surface of enodthelial cells in small intestine – carbohydrates + proteoglycans + enzymes thick meshwork (0,3 μm)

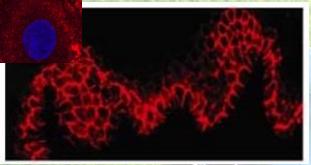
Capillary lumen

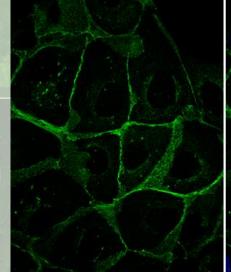
Glycocalyx

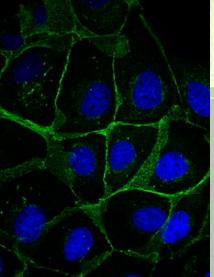
Endothelium -











Beta catenin

Lipid rafts

* complex fragments of the lipid membrane

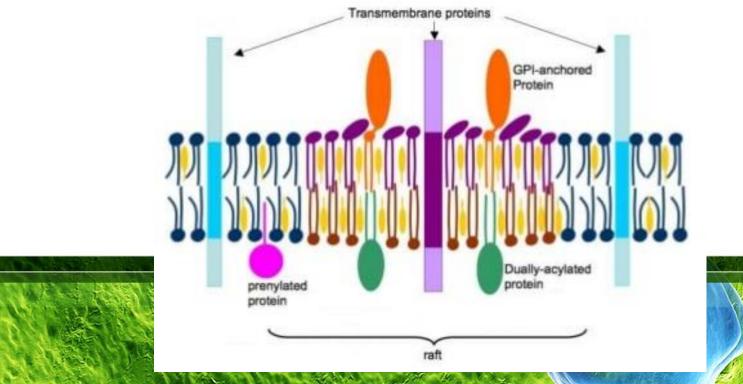
* **sphingolipids** that co-localize with **cholesterol** in the membrane microdomains

* proteins can be induced

* tightly packed – tighter than the surrounding bilayer but float freely

* resistant to detergent solubilization

* very common structure in the plasma membrane but present also in GA and lysosomes



Lipid rafts

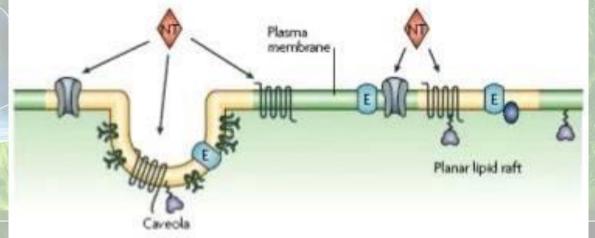
CAVEOLAE – small flask-

shaped invagination, contain caveolin proteins,

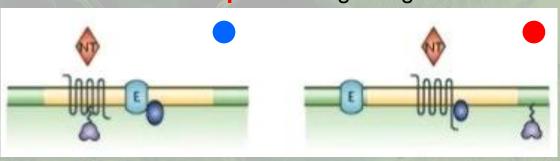
* signal transduction (*e.g.* EGF, IgE, T and B cell antigen receptor signaling)

* membrane internalization

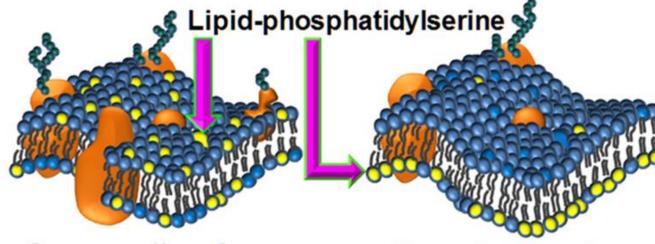
PLANAR (non-caveolar, glycolipid rafts) – not invaginated, contain **flotillin** protein, found in nerve tissue cells where caveolaes are absent



Receptors and effectors can be organized into rafts to promote signaling or be separated by the raft to prevent signaling.

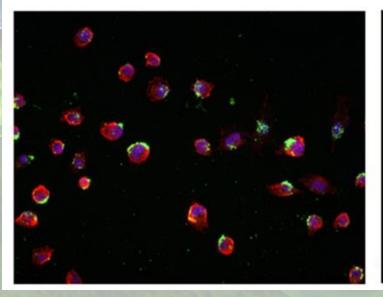


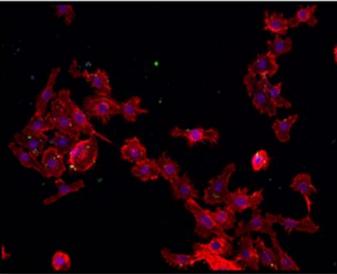
Lipid rafts



Cancer cell surface

Normal cell surface





Cellular transport principles

Cellular transport

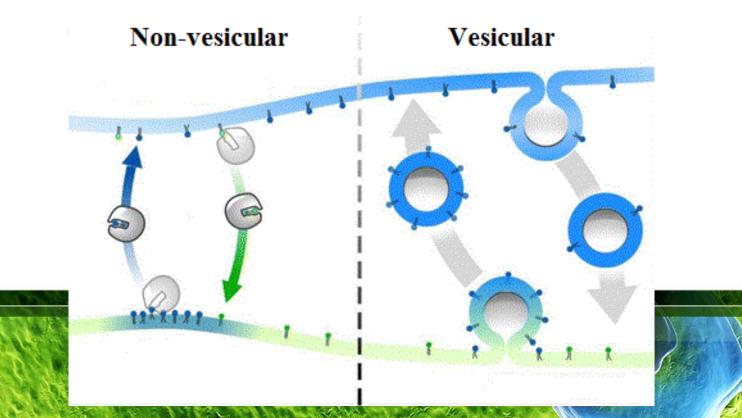
2 types: MEMBRANE & VESICULAR

MEMBRANE

(Non-vesicular) through the membrane, membrane is untouched

VESICULAR

uses the membrane but maintains its integrity, involves configurational changes, formation of vesicles from the membrane, fusion of the vesicles with the membrane



PASSIVE

SIMPLE DIFFUSION (no additive proteins)



FACILITATED DIFFUSION

(with additive proteins, e.g. channels, carrier proteins)



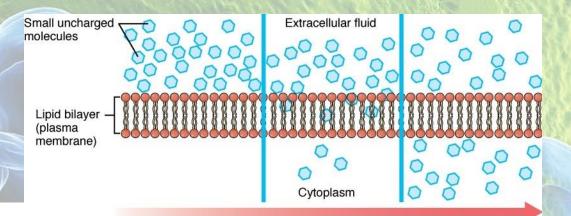
FACILITATED DIFFUSION (active transport) (with additive proteins, e.g.

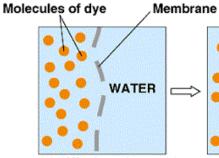
channels, carrier proteins)

SIMPLE DIFFUSION

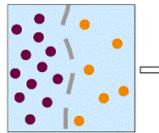
* substances cross spontaneously the plasma membrane down their

concentration gradient * non-selective gases (CO₂, O₂, N₂), fat-soluble (steorids), small, uncharged molecules (ethanol, urea)

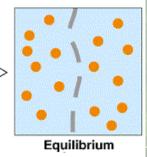


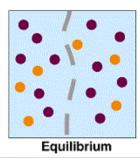


(a) Diffusion of one solute



⇒





PASSIVE

(b) Diffusion of two solutes

FACILITATED DIFFUSION

- * small, water-soluble molecules (ions and small polar molecules)
- * regulated on the basis of cell's needs:
- by membrane potentials (voltage-gated ion channels in neurons),

Channel

proteins

- mechanically-gated (mechanical stress in the internal ear)
- by ligands (ligand-gated receptors) (neurotransmitters)

PASSIVE

Carrier proteins

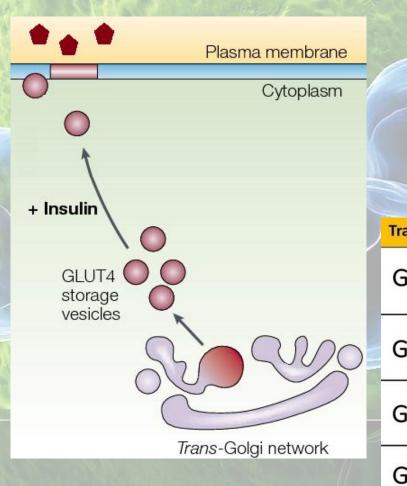
Aquaporin non-selective water- cannal

H₂O

Channel-mediated facilitated diffusion

Carrier-mediated facilitated diffusion highly selective e.g. glucose in adipocytes

e.g. glucose transporter



PASSIVE

Transporter	Tissues	Function					
GLUT1	All tissues, especially red cells and blood-brain barrier	Basal uptake of glucose					
GLUT2	Liver, kidney, gut, beta cells of pancreas	Regulation of insulin release, glucose homeostasis, low affinity					
GLUT3	Brain, kidney, placenta,	Uptake into neurons, high affinity					
GLUT4	Skeletal muscle, heart, adipose	Insulin-mediated uptake of glucose					
GLUT5	Kidney, gut Epithelium	Absorption of fructose					

FACILITATED DIFFUSION

* transport with carrier proteins
* water-soluble molecules
* highly selective



* requires energy for ACTIVE TRANSPORT of molecules

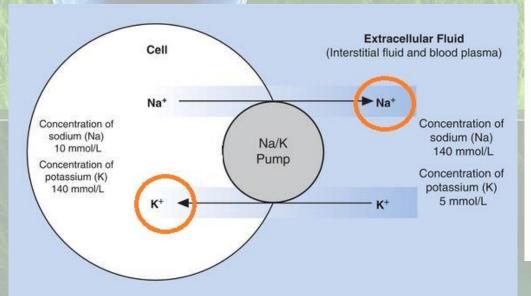
against their concentration!

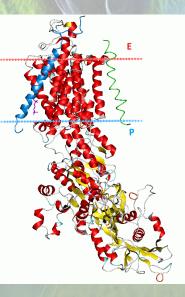
Facilitated diffusion

e.g. Na+/ K+ pump sodium-potassium pump

Actively pumps potassium INTO cell (2 ions) while pumping sodium OUT of cell (3 ions), both against their concentration gradients.

e.g. nerve cells, muscle cells, renal tubular cells





Sodiumpotassium pump

Na

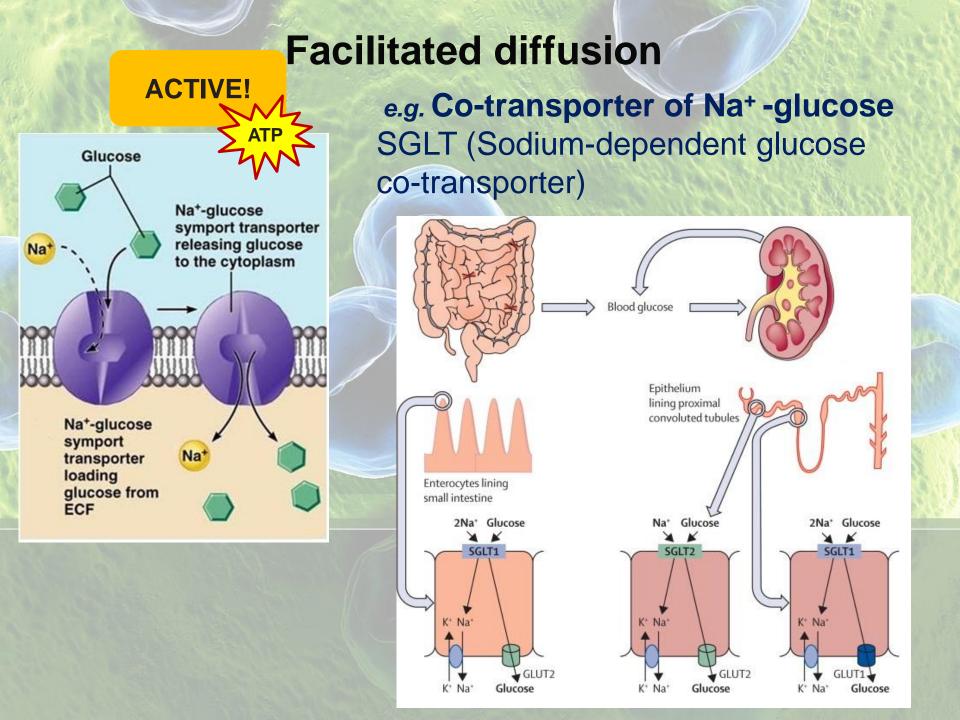
ACTIVE!

Extracellular

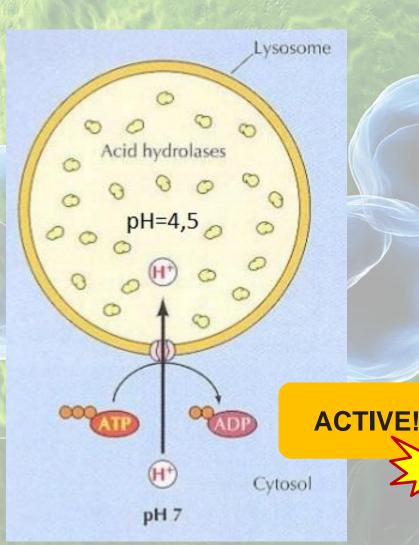
Na

fluid

Cytoplasm



Facilitated diffusion

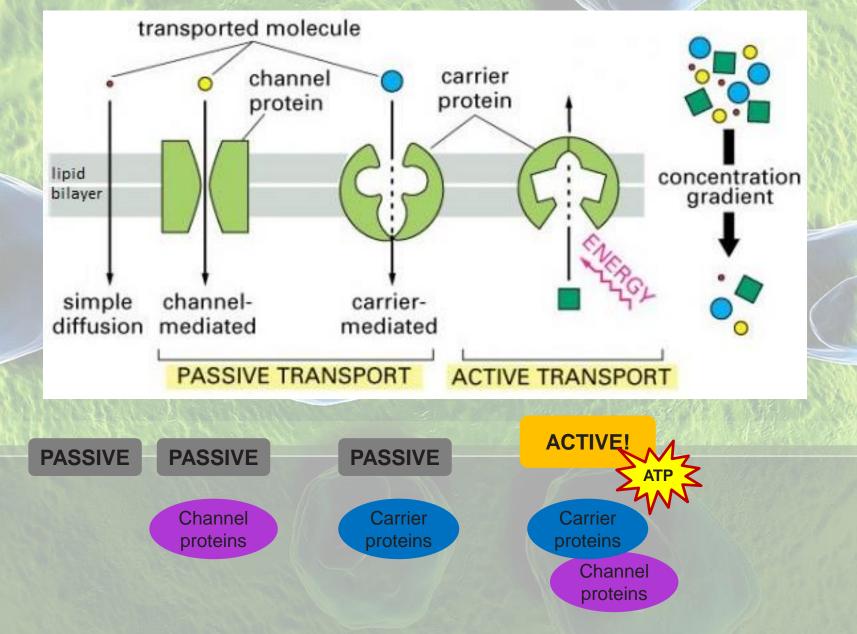


e.g. Proton pump

Most digestive enzymes are **acid hydrolases**.

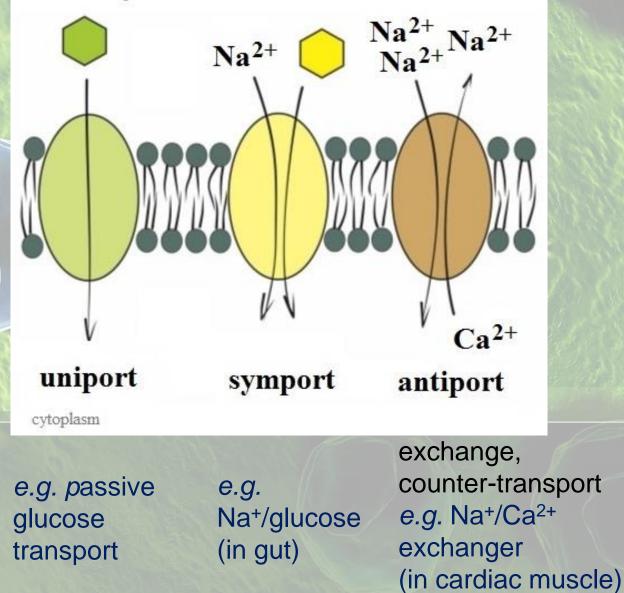
The acidic internal pH is is a result of an action of proton pump, which imports protons from the cytosol into the vesicle.

MEMBRANE transport - summary



Transport

extracellular space





VESICULAR transport

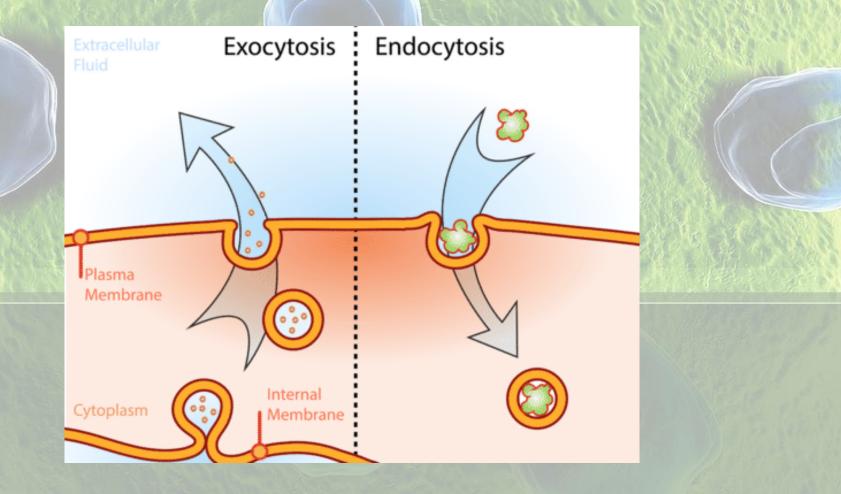
EXOCYTOSIS

when substances leave the cell

ENDOCYTOSIS

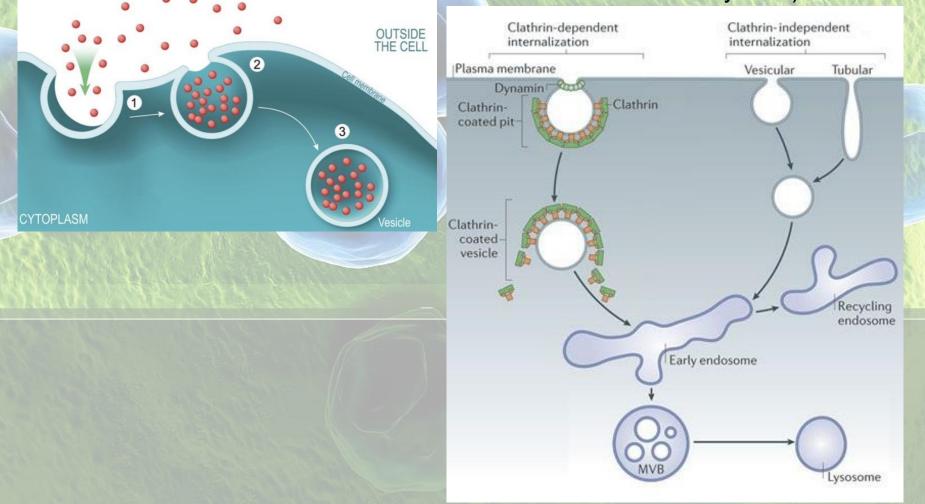
when substances enter the cell

ACTIVE!



* may require **CLATHRIN** protein that interacts with the plasma membrane during vesicle formation:

endocytosis)



PINOCYTOSIS ("cell-drinking")

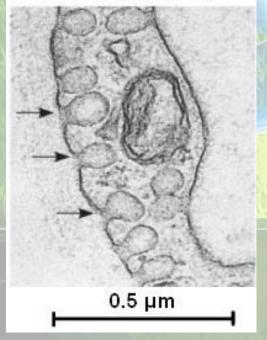
* intake of fluids or small proteins (<150 nm)

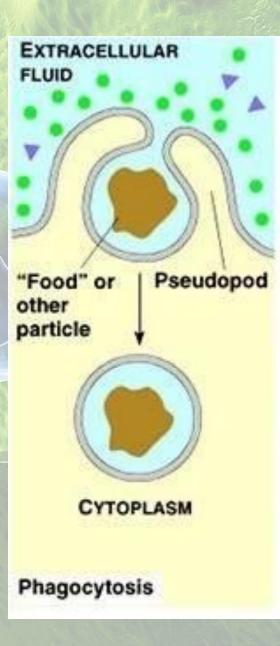
* CLATHRINindependent

* performed by all the cells in the body

Plasma membrane Vesicle Pinocytosis

Pinocytosis vesicles forming (arrows) in a cell lining a small blood vessel (TEM)

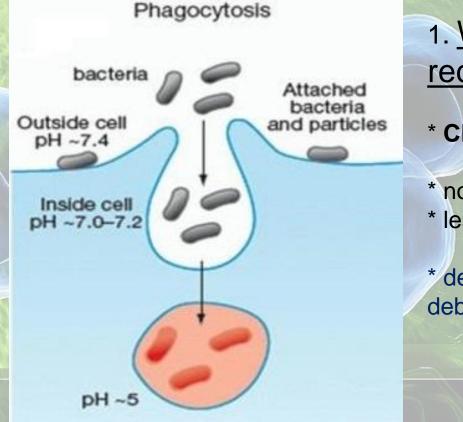




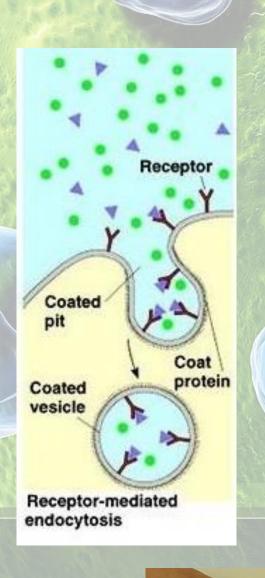
PHAGOCYTOSIS ("cell-eating")

* ingestion of large particles, cell can send pseudopodia to engulf particle to form large vesicle (~250 nm) =phagosome * performed by specialized group of cells: **Mononuclear Phagocytotic System** (**MPS**): Macrophages (adipose tissue m., Kuppfer cells, sinus histiocytes, osteoclasts, peritoneal m., red pulp = sinusoidal m., etc.) Langerhans cells **Microglia** Intraglomerular mesangial cell

ENDOCYTOSIS PHAGOCYTOSIS ("cell-eating")



- 1. Without involvement of receptors
- * CLATHRIN-independent
- * non-selective* less often
- * dead cells' fragments, biological debris, inhaled carbon particles



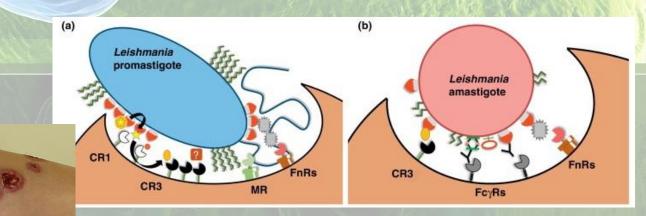
ENDOCYTOSIS PHAGOCYTOSIS ("cell-eating")

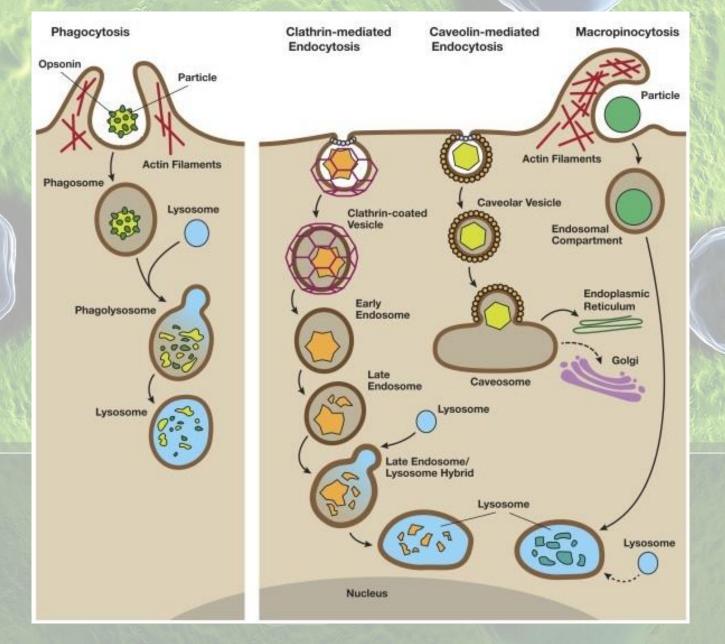
2. Receptor-mediated

* most often

* selective – specific molecules enter the cell, receptors accumulate in well-defined regions of the plasma membrane, on the internal surface side of the PM coated pit is formed, accumulation of clathrin molecules (via adaptor proteins adaptin) * CLATHRIN-dependent

e.g. pathogens, surrounded by the Ab – APCs; some drugs





EXOCYTOSIS

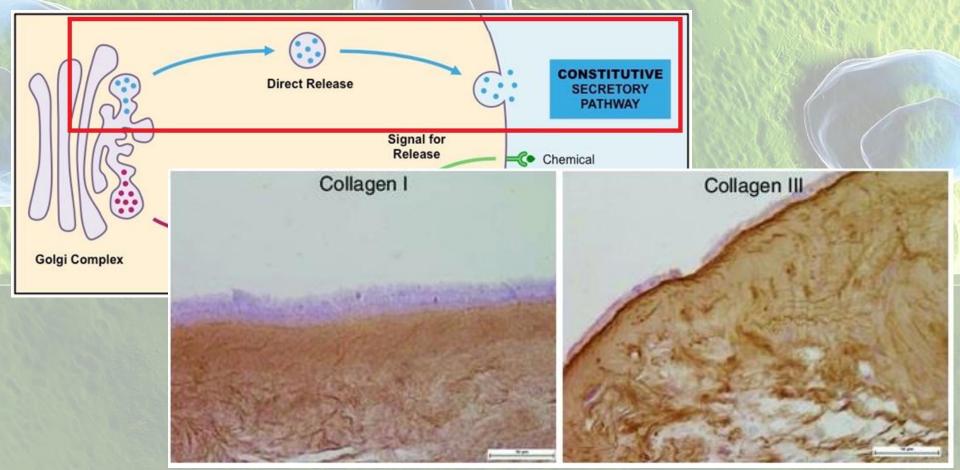
Expelling molecules (waste & products) through the active process using secretory vesicles that move from cytoplasm to the PM where they fuse and discharge its content to the extracellular space.

Constitutive pathway
 Regulated secretory pathway

EXOCYTOSIS

1. Constitutive pathway:

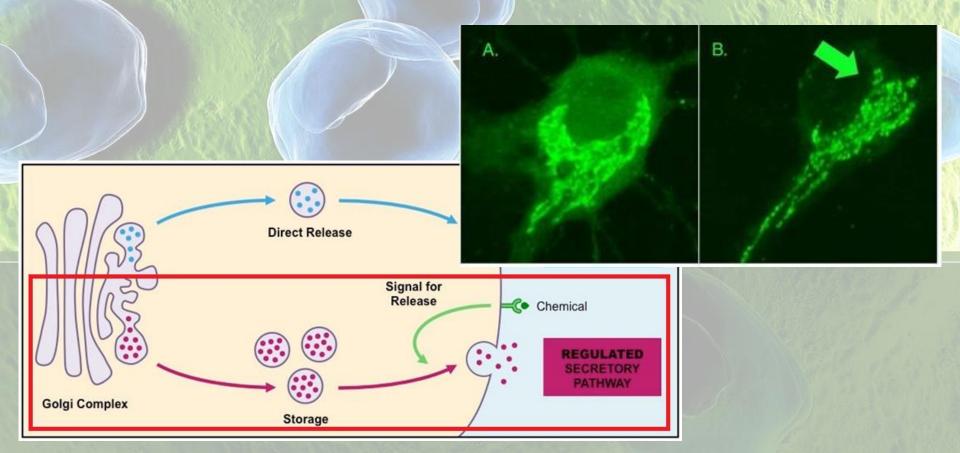
substances for export are continuously delivered to the PM proteins from GA secreted immediately after their synthesis (e.g. Ig by plasma cells, procollagens by fibroblasts, TNF) lack of storage vesicles



EXOCYTOSIS

2. Regulated secretory pathway:

needs activation signal/stimulus (hormonal/neural) to release the molecules the stimulus causes influx of Ca²⁺ into the cytoplasm which stimulates secretory vesicles to fuse with the PM and discharge its content by specialized cells – *e.g.* exocrine cells, neurons

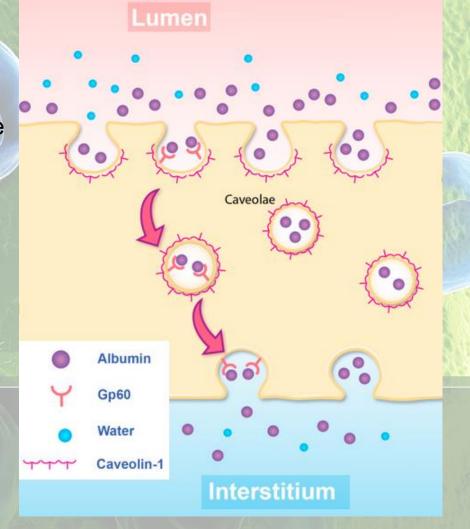


TRANSCYTOSIS

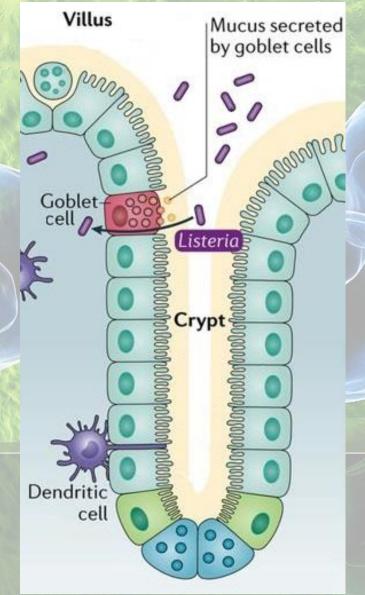
transport of molecules across the interior of a cell – molecules are captured in vesicles on one side of the cell, drawn across the cell and ejected on the other side = endocytosis

followed by exocytosis

e.g. in enterocytes in the gut, in stratified epithelia



TRANSCYTOSIS



most commonly in epithelial cells, insulin, transferrin

used to transport therapeutic drugs across the blood-brain barrier

also used by pathogens to enter the body (Listeria monocytogenes enters the intestitial lumen via transport across the goblet cells)

Cell signaling principles

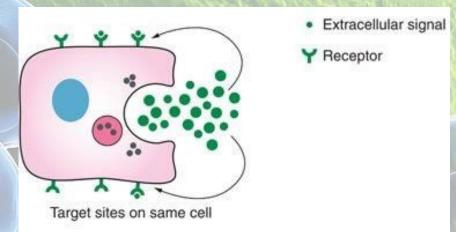
Local signaling:

Autocrine Paracrine (Synaptic signaling) Juxtacrine Long-distance signaling:

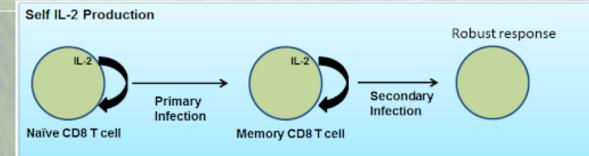
Endocrine

Autocrine (self-signaling) cell produces and secretes a molecule

that binds to autocrine receptors on the same cell



e.g. IL-2 productiona & self activation of T cells



most cytokines and growth factors

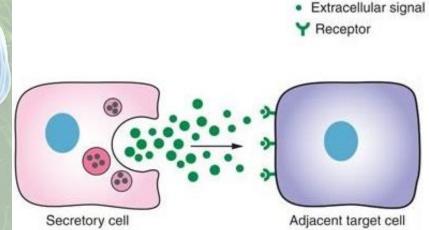
Neurotransmitter

Veurotransmitter

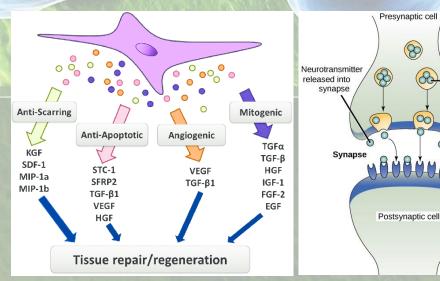
attached to

receptor

Paracrine (adjacent-signaling) cell-to-cell communication on short distance one cell produces signal to induce changes in nearby cells, molecules are secreted into extracellular environment



e.g. fibroblasts, neurosignaling

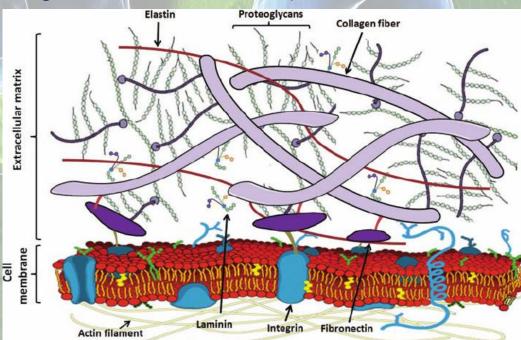


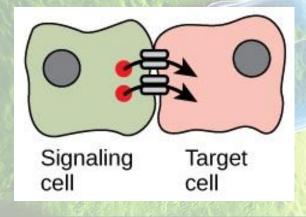
neurotransmitters and hormones

Juxtacrine (contact-dependent-signaling)

cell-to-cell or cell-to EXM signaling "touching" requires close contact and molecular "bridge" secreted molecule is connected to the membrane of the cell that produces it

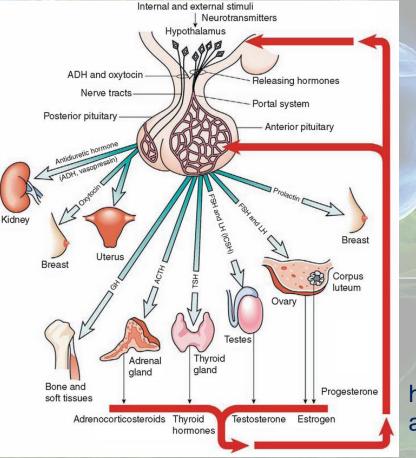
e.g. adhesion molecules (cell-to-cell, cell-to-ECM)

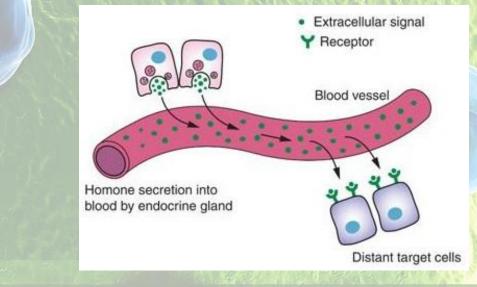




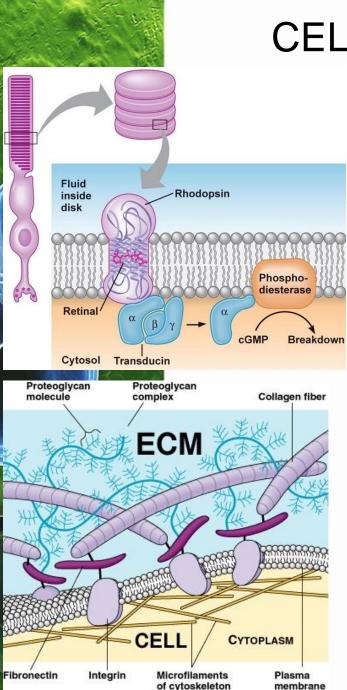
Endocrine (distant-signaling)

cells act on distant target cells cell releases molecules into the bloodstream that requires transporter molecules (albumins, globulins)





hormones of endocrine organs and neurotransmitters



CELL RECEPTORS

RECEPTOR (R) - specialized protein molecule that receives signals from outside of the cell

structure closely related to reception of different signals/information (Rs have fragments/domains capable of conformational changes)

- Physical signals

e.g. protein receptor RHODOPSIN lightsensitive, in photoreceptor cells of the retina, that accepts the photon of light and convers it into a chemical signals

- Mechanical signals

e.g. cytoskeleton elements of the cells distort under mechanical stress

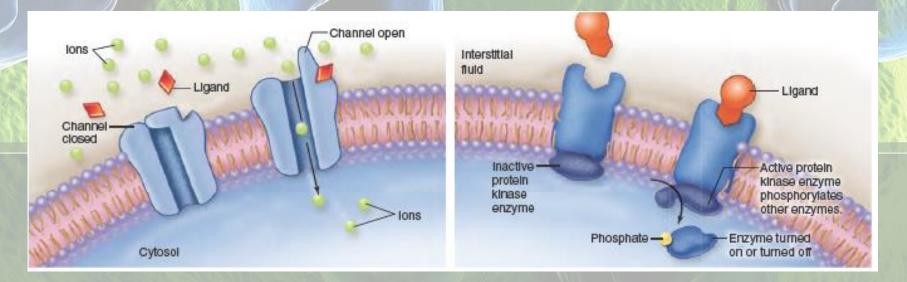
- Chemical signals

e.g. conected to ligand-receptor binding

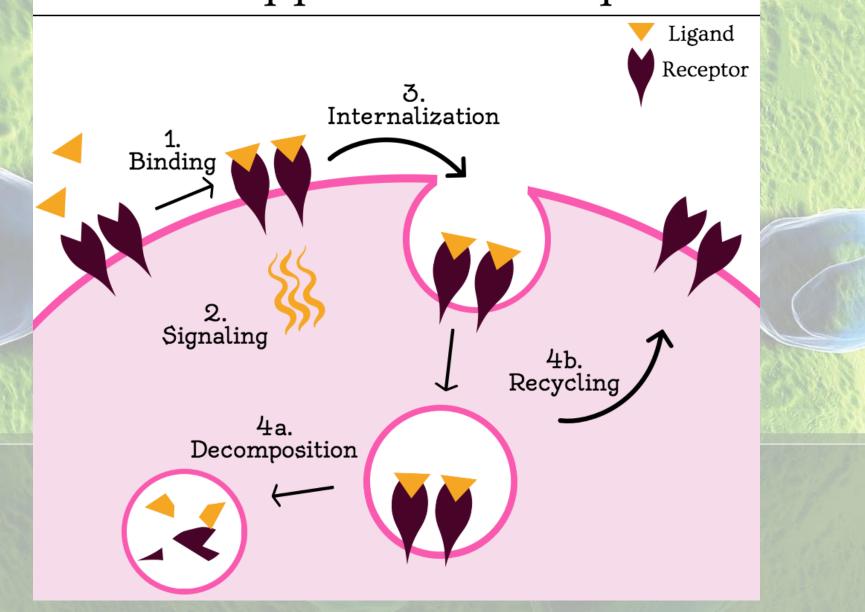
LIGAND-RECEPTOR INTERACTION

Ligand (L) – any substance/factor/molecule that is capable of specific binding to specific receptor (R); signal molecule, first messenger

binding occurs by electrostatic forces, ionic bonds, hydrogen bonds or van der Waals forces the association is reversible and is based mainly on the conformational spatial fit on both molecules



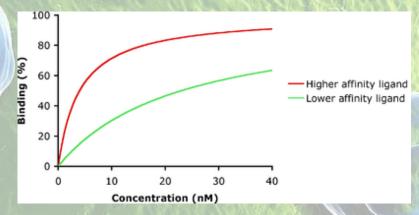
What happens to a receptor?

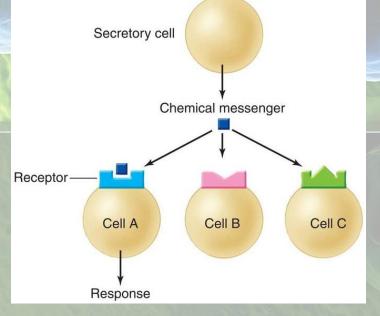


LIGAND-RECEPTOR INTERACTION

Affinity – rate of binding (tendency or strength of the binding) and stability of the complex depends on pH, T, ionic forces, conformation of R and L, quantitative ratio R:L

 → high-affinity – great intermolecular force between R and L
 → low-affinity – low intermolecular force between R and L





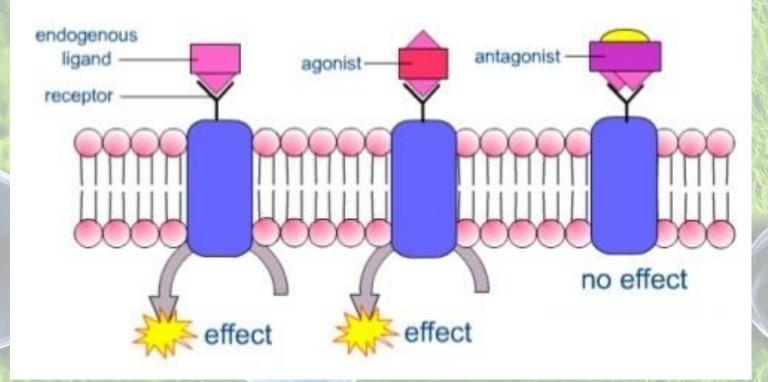
Specificity

not all the cells express the same receptors

Selectivity

in pharmacology, drugs that are nonselective may have more adverse effects, as they bind to several Rs, generating both the desired effect and additional effect

LIGAND TYPES



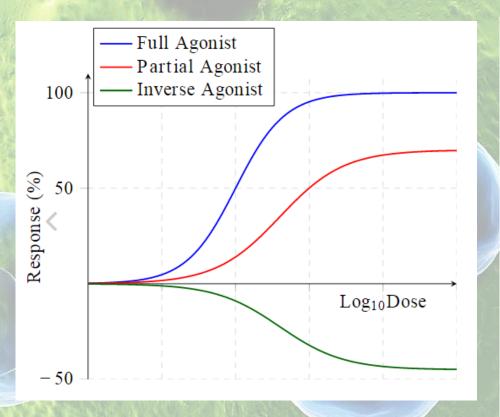
Endogeneous L binds to a R and produces an effect

AGONIST

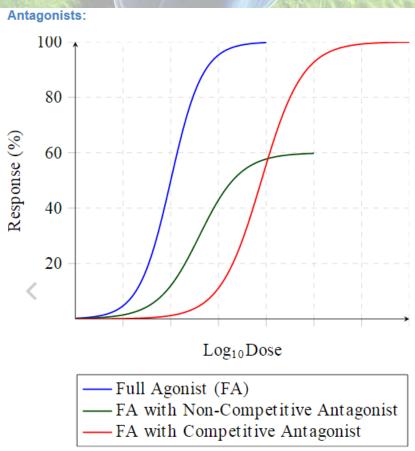
a ligand (drug) that has an active site of similar shape to the endogeneous L and that binds to a R and produces the effect *e.g.* Nicotine

ANTAGONIST

a ligand (drug) which shape is close enough to the endogeneous L to bind to a R, it takes up R space so it prevents the endogeneous L from binding, no effect itself! e.g. Atropine



Partial Agonists do not reach 100% response, *e.g.* Opoids Inverse Agonists have a negative response, *e.g.* Benzodiazepine (GABA system)



Non-Competitive Antagonists prevent maximal response being reached Competitive Agonists right shift the curve, as they can be overcome with increasing dose of agonist

RECEPTOR TYPES

→LOCATION:

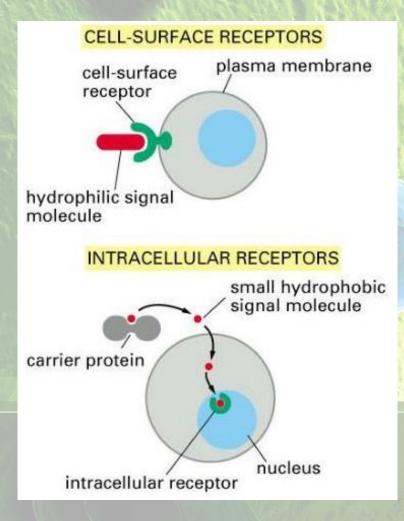
membrane receptors

located in the cell membrane transduces signal from larger hydrophobic molecules

> protein is covalently attached to the lipids of the bilayer or is a transmembrane protein/domain

intracellular receptors

bind L that can directly go through the plasma membrane **cytoplasmic** *e.g.* steroid hormones **& nuclear receptors** *e.g.* thyroid hormones in membranes of vesicles and other cell organelles, used in the intracellular signaling between cytoplasm compartments and organelles



RECEPTOR TYPES

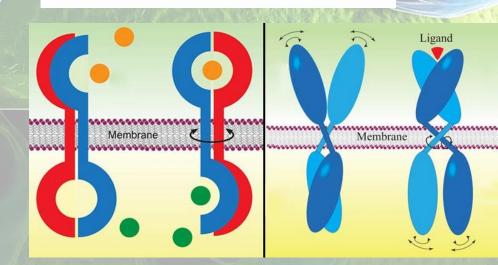
2 modes of action:

1. Dimerization

R exists in inactive monomeric forms, after L binding the monomers combine to form an active dimer

2. Rotation

L binding occurs to the extracellular part of the R and induces conformational change which alters the intracellular part and exerts signaling



RECEPTOR TYPES

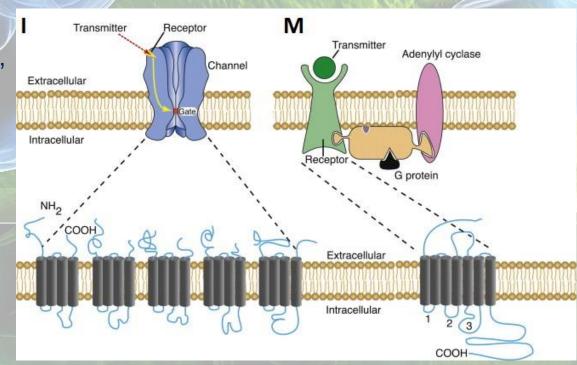
→ STRUCTURE and SIGNAL TRANSDUCTION:

Ionotropic receptors

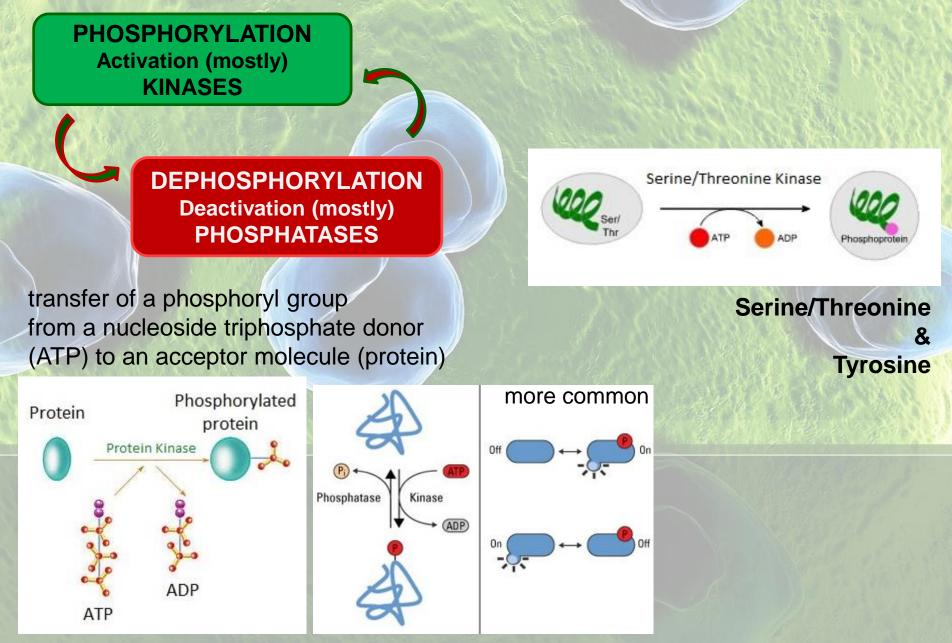
ion channels, upon L binding can "open" or "close" and let ions travel through the membrane very fast (ms): good target for drugs limited to K⁺, Na⁺, Cl⁻, Ca²⁺, neurotransmitters

Metabotropic receptors

cascade signaling, ultimately activate or inactivate target proteins



METABOTROPIC RECEPTORS



METABOTROPIC RECEPTORS

(a) Signaling using heterotrimeric G proteins and G protein-coupled receptors (GPCR)

(b) Direct activation of protein kinases/phosphatases

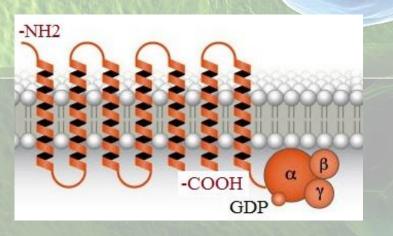
(a) G PROTEIN-COUPLED RECEPTORS

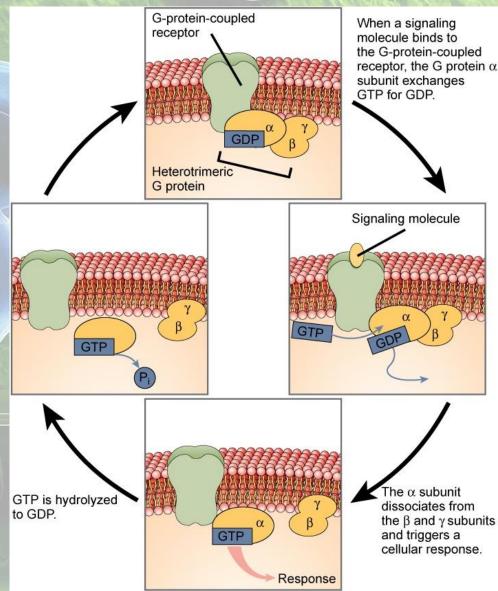
GPCR

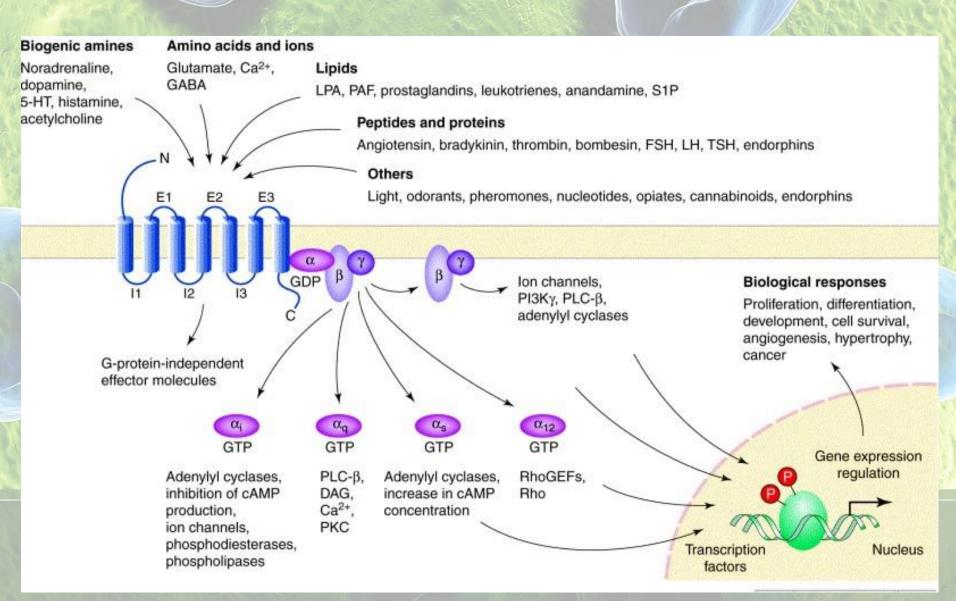
7 transmembrane domains, the Cdomain (cytoplasmic) is a place where the G protein is attached G protein

complex made up of 3 subunits : alpha (α), beta (β) and gamma (γ) Gα has a GTPase activity (it hydrolases GTP → GDP)

Requires a second messanger!







(b) DIRECT ACTIVATION OF KINASES/PHOSPHATASES

transmission of signal through the membrane is through the kinases, **directly** second messenger may be involved engaging of further kinases, mainly **tyrosine kinases** of 3 kinds:

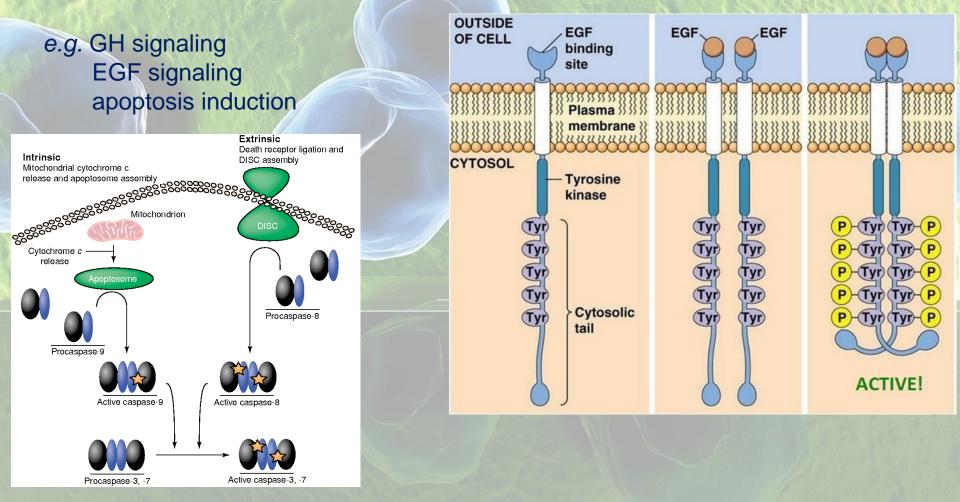
- 1. <u>Receptor protein Tyrosine Kinases (RTKs)</u>
- 2. non-<u>Receptor Protein Tyrosine Kinases</u> (nRTKs)

3. Cytoplasmic Jak/Tyk Tyrosine Kinases



<u>Receptor protein Tyrosine Kinases (RTKs)</u> HOMODIMERIZATION is required

cross- and auto-phosphorylations of Tyr residues in the C-terminus recrutation of second messengers (their enzymes)

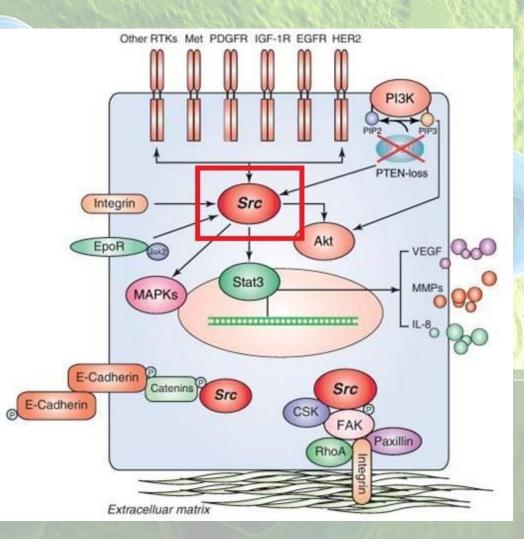


Non-Receptor Protein Tyrosine Kinases (nRTKs)

cytoplasmic enzymes **Src family**

can be induced by the RTKs

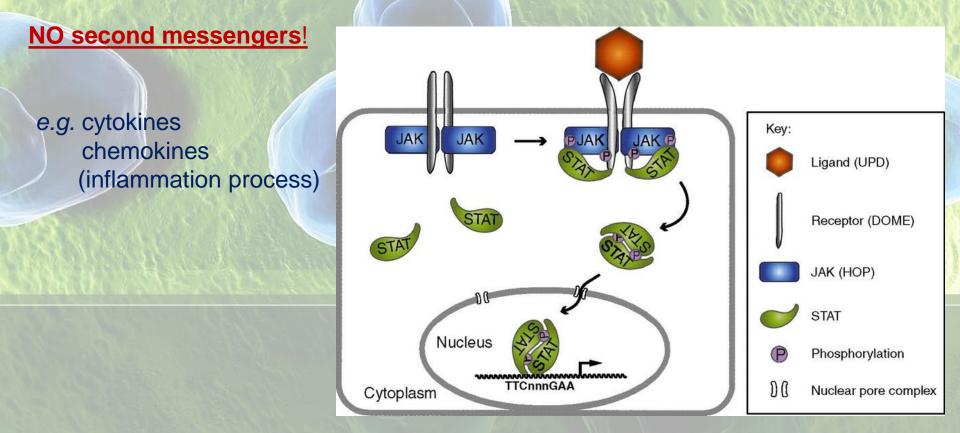
e.g. receptors for the Fc of T cell Ab regulation of cell immunity migration apoptosis adhesion differentiation



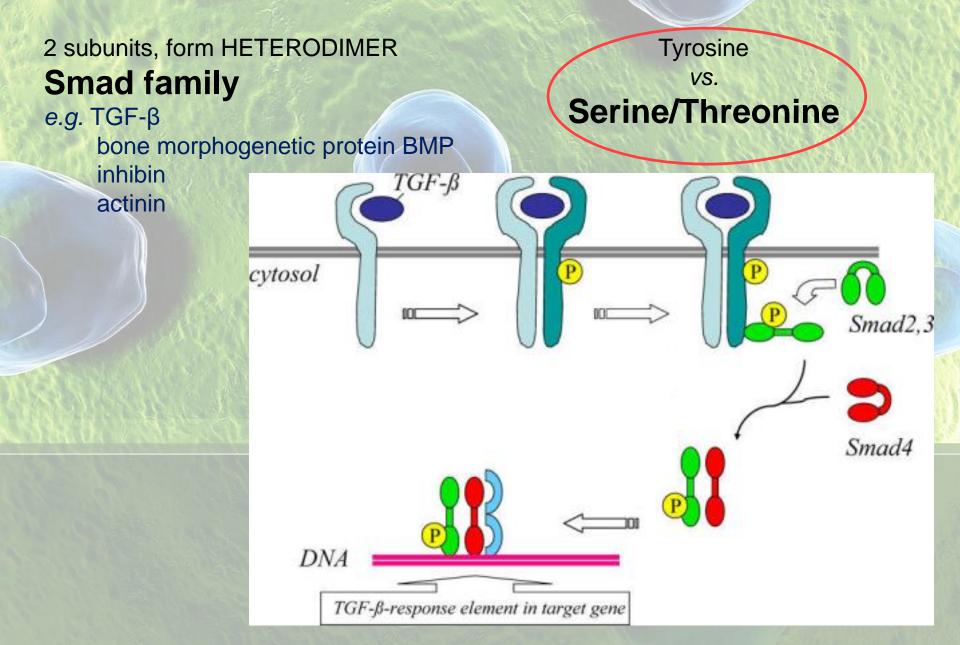
Cytoplasmic Jak/Tyk Tyrosine Kinases

bind to receptors that do not have their own kinase activity

the kinase directly phosphorylates transcription factors and enhance gene expression= FAST SIGNALING



Serine/Threonine Kinase Signaling



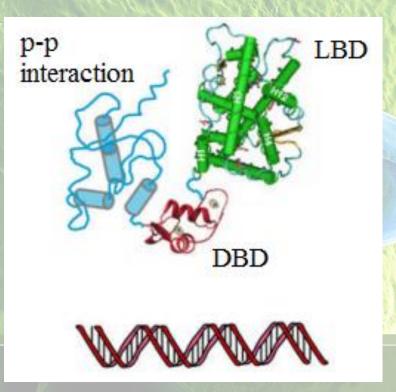
Nuclear Receptors

location: in cell **nucleus** or **cytoplasm** responsible for signaling of ligands that easily go through the plasma membrane: steroid (glucocorticoids, mineralocorticoids) thyroid hormones retinoic acid

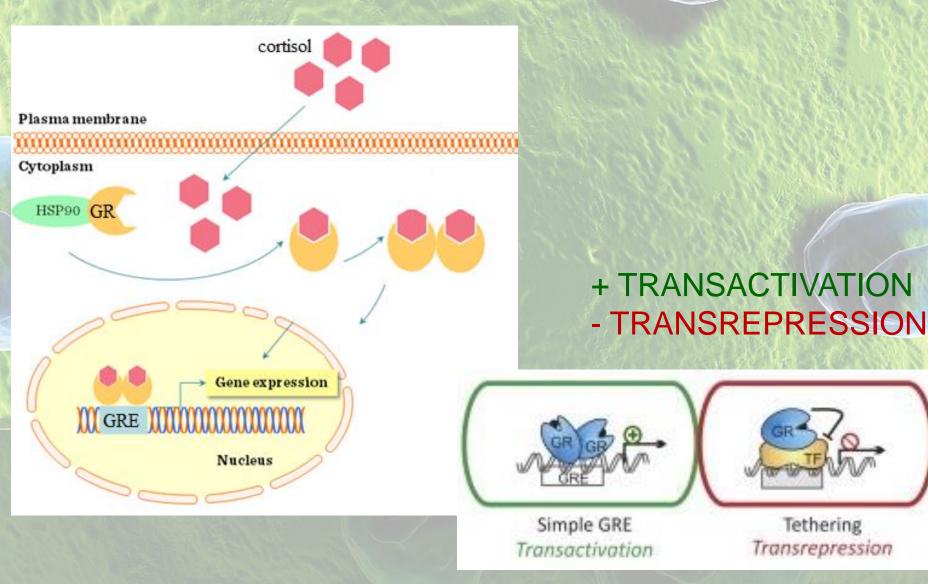
structure resembling the one of the transcription factors: LIGAND BINDING DOMAIN DNA RECOGNITION DOMIAN DIMERIZATION DOMAIN/protein-protein interaction domain

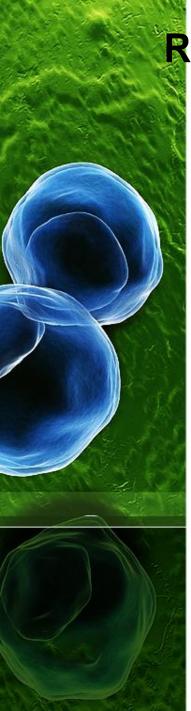
form homo- and hetero-dimer

can interact with each other or with other types of proteins



GLUCOCORTICOID RECEPTOR (GR) Signaling





Regulation of receptors function



Mechanisms controlling receptors function:

Intrinsic regulation (regulatory and homeostatic control)

Disease states

Drugs



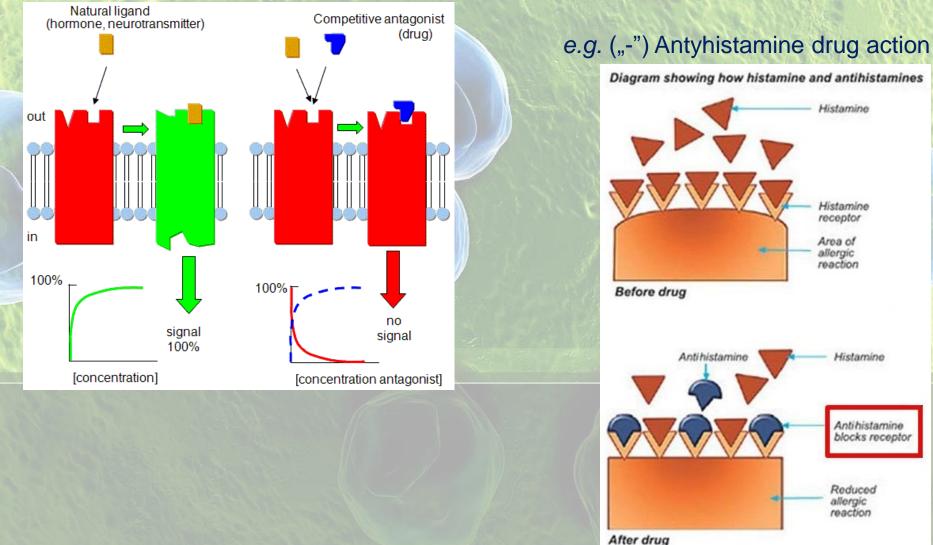
Phosphorylation and Dephosphorylation

the fastest!

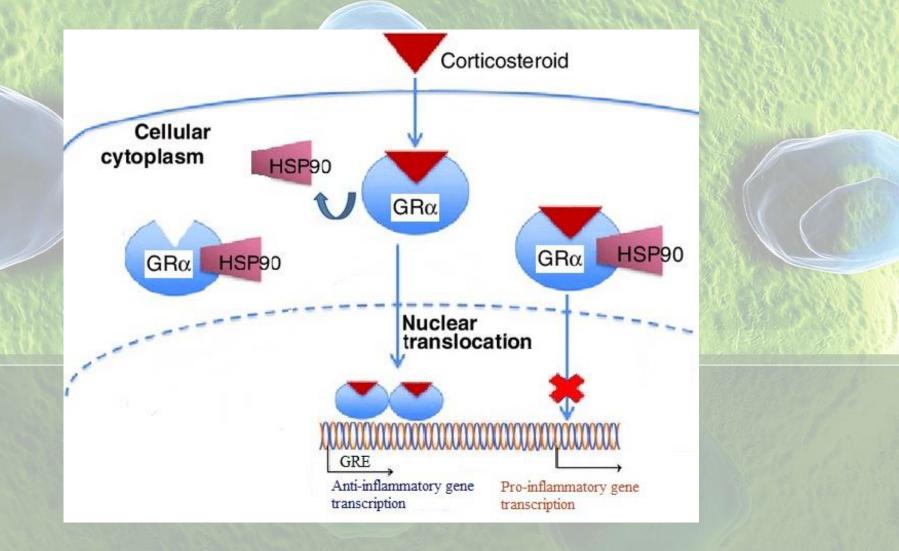
PHOSPHORYLATION Activation (mainly) KINASES

> DEPHOSPHORYLATION Deactivation (mainly) PHOSPHATASES

Natural or drug competitive ligands (antagonists)

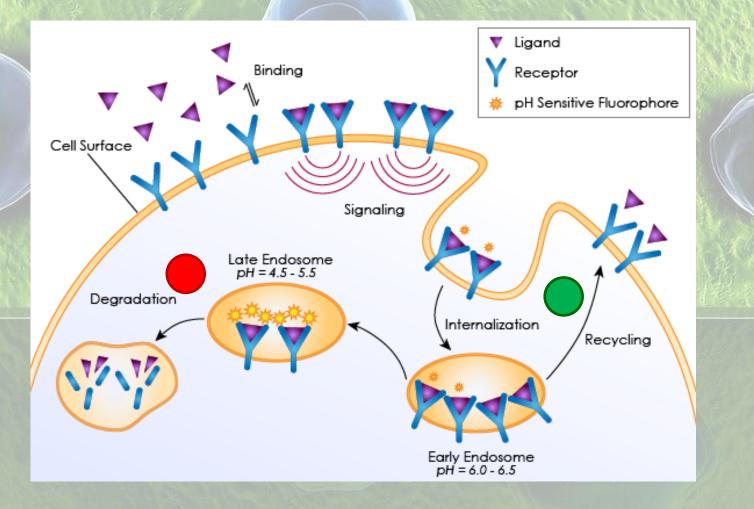


Blocking receptor function by the regulator y proteins



Receptor internalization and degradation

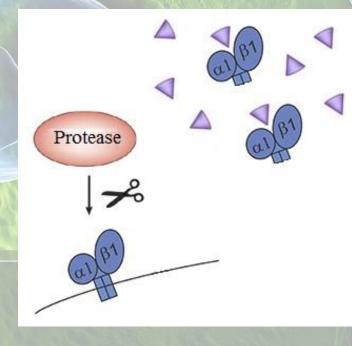
Endocytosis Endosome=receptorosome



Receptor digestion

by the extracellular proteases ~ "peeling" the receptor off the cell surface

Receptor function inactivation



Receptor function activation Protease-Activated Receptors (PAR)

e.g. platelets activation during fibrin clot formation in the wounded blood vessel wall

